



The Four Seasons

The content of this unit of work is aimed at Year 1. Activities given are suggestions only. The main purpose of the lesson plans and lesson presentation is to provide key information and visual aids for teachers. The lesson presentation runs alongside the unit of work, and all slides are referred to in the unit of work, along with the corresponding resources.

Throughout this Unit of Work, pupils should be warned that it is not safe to look directly at the Sun, even when wearing dark glasses.

Links to the Science National Curriculum

Year 1

- observe changes across the four seasons.
- observe and describe weather associated with the seasons and how day length varies.

LEARNING OBJECTIVE	LEARNING ACTIVITIES	RESOURCES
Introduction	<p>Sensory Outdoor Activity - children to be taken outside.</p> <p>Ask open-ended questions about what they see, hear, and feel in the current season to encourage observation and reflection.</p> <ul style="list-style-type: none"> • How does the weather feel on your skin today? • What sounds can you hear? • What colours do you see in nature right now? • What is the ground like under your feet today (e.g. crunchy leaves, wet soil, dry grass)? • What plants can you see? • Are there any animals? • What can you hear? • What games can we play outside in this season? 	N/A
Starter	<p>Display slide 2</p> <p>Watch the video – click here</p> <ul style="list-style-type: none"> • Can the children name the four seasons? <p>Display slide 3 that shows the answers</p> <ul style="list-style-type: none"> • What do they know about the four seasons? <p>Display slide 4 that shows the answers</p> <ul style="list-style-type: none"> • Do they know the months in the four seasons? • Can you name the months that are in each season? 	Slides 2-4
I can describe what happens in spring	<p>Display slide 5</p> <p>Watch the video – click here</p> <p>Display slide 6 – the pictures all represent the weather associated with spring. Ask the children what they think the weather is like in spring from the pictures</p>	Slides 5-10

LEARNING OBJECTIVE	LEARNING ACTIVITIES	RESOURCES
	<p>Answers: cloud, frost, sunshine, rain, wind - mixture</p> <p>Display slides 7-11 For each slide, ask the children what happens in spring – the photographs should give them clues</p> <p>Slide 7 Plants begin to grow, grass turns green, and new leaves emerge on trees and bushes. Spring flowers like daffodils, tulips, crocus, and hyacinths bloom.</p> <p>Slide 8 Many animals give birth to their young in the spring, including lambs, chicks, and bunnies.</p> <p>Slide 9 Birds return to the UK in spring, with the earliest migrants arriving as early as February and March.</p> <p>Slide 10 Events: Pancake Day, World Book Day and the clocks go forward.</p>	
<p>I can describe what happens in summer</p>	<p>Display slide 11</p> <p>Watch the video – click here</p> <p>Display slide 12 – the pictures all represent the weather associated with summer. Ask the children what they think the weather is like in summer from the pictures</p> <p>Answers: hot, sunshine</p> <p>Display slides 13-17</p> <p>For each slide, ask the children what happens in summer – the photographs should give them clues</p> <p>Slide 13 Gardens are colourful, with trees and flowers in full bloom.</p> <p>Slide 14 Bees and butterflies collect pollen from flowers.</p> <p>Slide 15 Most families go on their annual summer holiday within the UK or abroad.</p> <p>Slide 16 We should all wear sun cream, sunglasses and sun hats during the hot days in the summer.</p> <p>Slide 17 Days are longer in the summer – it is lighter into the evening.</p>	<p>Slides 11-17</p>
<p>I can describe what happens in autumn</p>	<p>Display slide 18</p> <p>Watch the video – click here</p>	<p>Slides 18-24</p>

LEARNING OBJECTIVE	LEARNING ACTIVITIES	RESOURCES
	<p>Display slide 19 – the pictures all represent the weather associated with autumn. Ask the children what they think the weather is like in autumn from the pictures</p> <p>Answers: cold, rain, wind, frost</p> <p>Display slides 20-24</p> <p>For each slide, ask the children what happens in autumn – the photographs should give them clues</p> <p>Slide 20 Leaves on the trees change colour and eventually fall from the trees.</p> <p>Slide 21 Due to it being colder and wetter, we have to wear coats, hats and wellies.</p> <p>Slide 22 Animals collect nuts such as acorns and conkers. We sometimes collect conkers too.</p> <p>Slide 23 Birds migrate to hotter countries during the colder months in the UK.</p> <p>Slide 24 Events: Harvest Festival, Halloween, Bonfire Night and the clocks go back.</p>	
<p>I can describe what happens in winter</p>	<p>Display slide 25</p> <p>Watch the video – click here</p> <p>Display slide 26 – the pictures all represent the weather associated with winter. Ask the children what they think the weather is like in winter from the pictures</p> <p>Answers: cold, snow, windy, blizzards, ice, frost</p> <p>Display slides 27-30</p> <p>For each slide, ask the children what happens in winter – the photographs should give them clues</p> <p>Slide 27 Nights get darker earlier – it is sometimes dark when leaving school.</p> <p>Slide 28 Some animals go into hibernation.</p> <p>Slide 29</p>	<p>Slides 25-30</p>

LEARNING OBJECTIVE	LEARNING ACTIVITIES	RESOURCES
	<p>Deciduous trees lose their leaves, evergreens (fir trees) keep their needles all year round.</p> <p>Slide 30 During winter we wear lots of layers and use the snow that has fallen to build a snowman, ski and sledge.</p>	
<p>I can recognise the differences in the four seasons</p>	<p>Display slide 32</p> <p>What is the season? This will take some preparation as the sorting cards will have to be cut out, and packs handed out. The packs could be organised so that the children have all the photographs in one pack, or you could have a selection of the photographs from each season in each pack.</p> <p>The children can work individually, in pairs or in small groups to complete this activity.</p> <p>Children should have their pack of photographs/pictures – each representing one of the four seasons.</p> <p>They need to decide if the photograph shows something that occurs in Spring, Summer, Autumn or Winter.</p> <p>Place the photograph in the correct box.</p> <p>Once all checked correctly, the children could stick these to their spring, summer, autumn, winter activity sheet.</p> <p>Additionally, a photograph could be taken of their work and stuck in their exercise book or class book.</p>	<p>Slides 31-32</p> <p>Resource Book Season Sheet – Spring, Summer, Autumn, Winter – page 2</p> <p>Resource Book Season Sorting Cards – pages 3- 10. These will need to be cut and arranged in packs prior to the lesson</p> <p>Glue</p>
<p>Plenary What is the season?</p>	<p>Show each slide and read the question to the class. Nominate one child to answer the question.</p> <p>Alternatively, you could state each of the four seasons after each question and use AfL to identify the children's learning - ask the children to stand up, put their hand up, thumbs up, traffic lights etc. for the season that they think it is.</p>	<p>Slides 33-43</p>
<p>Additional Season Activities for KS1</p>	<p>These are all activities that can be used to help the children learn about the four seasons. These are also listed on the next page of this document.</p>	<p>Slides 44-45</p>

Additional Season Activities for KS1

Nature walks - go for a walk and observe how the local environment changes with each season. Encourage children to use their senses to notice how it looks, sounds, and smells different.

Planting and observation - grow seeds like cress or sunflowers, or plant bulbs in the Autumn to see them bloom in the Spring. Track the changes with drawings or photos.

Seasonal taste test - taste seasonal fruits and vegetables and discuss what season they grow in (always check individual allergies).

Weather log - record the weather each day. You can find resources to assist with this at <https://www.alnwickgarden.com/climate-change/>.

Seasonal story - write a class story that includes details about each season, such as the weather, the plants, and the animals.

Seasonal scavenger hunt - look for signs of seasons in and around the school site.

"Pack a suitcase" challenge - children are given a specific season or a holiday destination and must choose the appropriate clothing from a selection to pack for the trip.

Art and crafts - children create seasonal artwork, for example: spring flower crafts, shell and rock painting in the summer, collages of autumn leaves, paintings of winter snow.

Seasonal songs - use songs that feature seasonal weather and activities to help children understand how people prepare for different conditions.