



# EDUCATION AND ENTERPRISE

We run a variety of educational activities for young people. Our activities are inspiring, inclusive and give your student the opportunity to learn in a place of beauty.



## Roots & Shoots

### Schools Workshop

A great workshop for anyone wanting to learn more about vegetable growing. The Roots and Shoots workshops are taught in small groups, by our expert gardeners.

### Healthy Lifestyles programme

The Roots and Shoots programme is designed to target young people who are most at risk of early childhood obesity and disadvantage. The young people we work with are taught the skills to help them take responsibility for tending their own plots, preparing and sowing seeds, as well as planting and nurturing. This programme is supported by the NHS with educational and interactive sessions to engage and inform young people about the importance of a healthy, balanced and active lifestyle.

### Garden Outreach

“Our Outreach Gardening Programme is all about engaging with organisations throughout Northumberland in order to bring communities together to create and restore beautiful, practical garden spaces and natural environments for everybody to appreciate, relax in, learn in and enjoy. Through our work, we pass on the knowledge and skills needed to create, further develop and maintain garden spaces, to teach about plants, wildlife, our environment and the values and importance of leading a healthy, active lifestyle through good exercise, healthy eating and understanding the benefits that they bring.”

## Den Building

The Alnwick Garden has a wonderful hidden treasure tucked behind the Treehouse – The Woodland Walk which offers opportunities to run, play, create and go wild, in a “natural as it comes” environment. With the tall trees and materials provided, your children can build and create fantastic and imaginative dens together.

## Cl'arty Crafting

Using air dry clay as your base, create a sculpture from your imagination. Collect natural materials you find in the woods, including leaves, twigs and pinecones to help develop your masterpiece.

## Art in the Garden

Using The Alnwick Garden as the inspiration for your masterpieces, you will become a mini Picasso during a fully led painting session. Using acrylic based paints, a small canvas and paint brushes, roll up your sleeves and get to work on your own take on the chosen piece for the session.

## Water Physics

Using our water features as the inspiration, students will learn about the structure of water through various fun and exciting experiments. They will be led by our expert TAG professor, who will pass on all of their knowledge of water and how certain reactions take place. This session helps to develop an interest in Science and Technology in a fun and creative way.

## Drugs Education

The Drug's Education programme aims to work with children and young people to help give them the knowledge to understand the risks associated with drug and alcohol use to change their attitudes and behaviour towards alcohol and drugs, whilst empowering them to make informed decisions.

Sessions can be tailored appropriately to suit various ages, or can include any particular topics that schools want to cover.

## Getting ready for work

We support young people to build their skills to help find and keep jobs. We'll help with understanding job descriptions, applying for jobs, interview techniques and developing the correct mindset for the workplace.

**For more information on any of our educational programmes  
please contact us on  
[communityandeducation@alnwickgarden.com](mailto:communityandeducation@alnwickgarden.com)  
01665 511350, option 1**